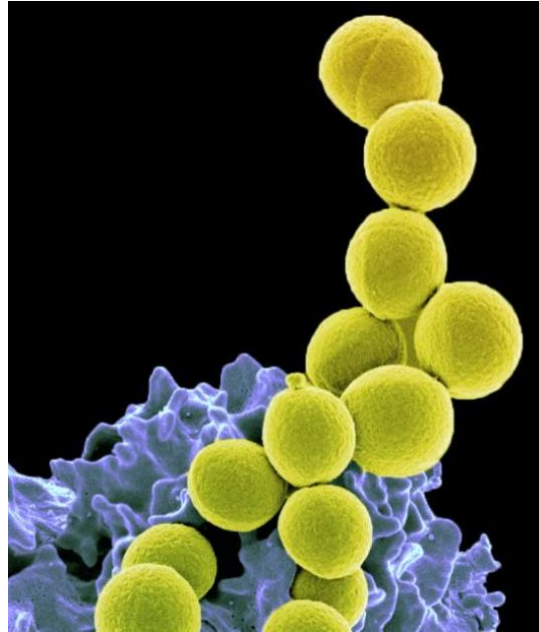


## Antimicrobial Resistance Gallery

### Staphi (*Staphylococcus aureus*): an ESKAPE pathogen\*

(Julia García-Fernández)



\*Multidrug resistant *Enterococcus faecium*, *Staphylococcus aureus*, *Klebsiella pneumoniae*, *Acinetobacter baumannii*, *Pseudomonas aeruginosa* and *Enterobacter* species comprise the **ESKAPE** bacteria (<https://academic.oup.com/jid/article/197/8/1079/901561?login=false>). These bacteria top the World Health Organization list of priority pathogens that pose the greatest threat to human health (<https://www.who.int/news/item/27-02-2017-who-publishes-list-of-bacteria-for-which-new-antibiotics-are-urgently-needed>).

#### Meet Staphi: The Golden Bacterium That Escapes Antibiotics

Staphi (*Staphylococcus aureus*) is a tiny, round bacterium that loves to form little clusters that look just like bunches of grapes. If you looked at it under a microscope, you'd see shiny golden balls grouped together – that's actually where its name comes from: “*Staphylococcus*” means grape cluster, and “*aureus*” means golden in Latin. Pretty cool, right?

This golden bacterium usually lives peacefully on our skin, inside our noses, and even on things we touch every day. Most of the time, it's a quiet neighbor and part of the big community of microbes that share our body and help protect us. But sometimes, if it finds a tiny cut or a weak spot – like little pimples, boils and infected wounds – Staphi can sneak in and cause infections. In other cases, it can lead to more serious problems such as pneumonia or bloodstream infections, especially in people who are already sick or have weak immune systems.

In hospitals, Staphi can be a real troublemaker. It sometimes infects wounds or medical devices and, because some strains resist many medicines, those infections can be hard to

## A learner-centric microbiology education framework

treat. That's why doctors and nurses work very hard to keep everything clean and prevent it from spreading.

What makes Staphi really interesting to scientists is how tough and clever it is. It can survive even when there isn't much food or oxygen, and some strains have even learned how to resist antibiotics, the medicines that usually kill bacteria. Those special types are called **MRSA** (*Methycillin-Resistant Staphylococcus aureus*), and they are considered one of the champions of antibiotic resistance in hospitals all over the world.



But how does Staphi fight back against antibiotics? Well, it has some sneaky tricks. It can build a strong wall around itself so the drugs can't get inside it, or use special pumps to push the antibiotics back out. Sometimes, it even changes the shape of the molecules that the medicine tries to attack, so the antibiotic can't recognize them anymore. Other times, it shares special genes with other bacteria to learn new tricks to resist treatments - **it's like a microscopic spy that's always finding new ways to stay one step ahead!**

### Scientists vs. Staphi: How can we fight back?

Understanding Staphi helps doctors and researchers find new ways to fight dangerous infections and keep people healthy. Scientists study it every day to learn how it grows, how it protects itself, and how our immune system fights back. They are discovering new alternatives to antibiotics, testing special medicines that boost our immune system, and even trying special viruses or tiny "good" bacteria to help keep the bad ones under control.

Each discovery is like solving part of a mystery: why does this tiny organism act friendly at times and mean at others? Studying Staphi shows us how clever bacteria can be, and even though this bacterium can be a tricky little bug, it's also a great teacher that helps us learn how to fight it.